

HIV Matters

World AIDS Day

This interactive 1-hour session marks World AIDS Day by creating space for open, honest, and compassionate discussion about HIV and AIDS. Despite remarkable medical progress, stigma and misconceptions continue to shape how people living with HIV are perceived and treated—both in society and at work. Through an engaging blend of education, storytelling, and reflection, this session invites participants to look beyond the headlines and statistics, towards the human realities of resilience, dignity, and inclusion.

Participants will gain up-to-date understanding of how HIV is managed today, explore the role each of us can play in reducing stigma, and identify practical steps for fostering empathy and allyship within professional and community contexts.

Session Outline

- Enhance participants' awareness of the realities of living with HIV today, including medical advancements that enable people with HIV to live long, healthy lives.
- Identify and address common myths, biases, and misconceptions surrounding HIV and AIDS to foster empathy, inclusion, and non-judgmental dialogue in workplace and community settings.
- Equip participants with practical ways to create supportive environments that uphold dignity, respect, and the rights of people living with HIV.

Co-Facilitators: Dr Harvey



Dr Harvey is a global public health consultant, health equity strategist, and scholar-advocate focused on advancing health equity for raciosexual and gender minorities. With expertise in research, policy, and practice, he develops inclusive health interventions, fosters sustainable solutions, and drives systemic change to dismantle barriers to better health worldwide.

Kay



As an experienced community health worker, Kay has overseen the design, implementation, and evaluation of health education and promotion programmes that advance the health and wellbeing of diverse and underserved communities. She has served within multidisciplinary teams to deliver evidence-based interventions, with a particular focus on improving health outcomes for transgender and nonbinary people. With a multidisciplinary background spanning pharmacy and public health, coupled with lived experience, Kay brings a holistic and innovative approach.