

I Don't Want a Werewolf Sleeping on My Sofa

Nurturing Kindness, Inclusion and Belonging Through Storytelling

Through the magic and humour of his debut children's book *I Don't Want a Werewolf Sleeping on My Sofa!*, musician and storyteller Dylan Holloway explores how stories can help families talk about kindness, inclusion and first impressions. This session uses the power of storytelling to open conversations around empathy, celebrating difference and creating spaces - at home, school and work - where everyone can belong.

Session Outline

- A live reading and discussion of *I Don't Want a Werewolf Sleeping on My Sofa!*
- Exploring the story's deeper themes: inclusion, empathy and the impact of first impressions
- Using storytelling as a gentle way to spark conversations about kindness and belonging
- Reflecting on how we can model acceptance and inclusion in our homes, schools and communities
- Open Q&A and reflection on how these lessons can apply in both parenting and workplace culture

Session Includes

- Personal attention and real-life insights in an informal atmosphere
- A blend of psychology, storytelling, and music to enhance engagement
- Open discussion and Q&A for participants



Speaker: Dylan

Dylan, also known as Dylan And The Moon, is a BBC award-winning musician, transgender man, and international keynote speaker. With a career spanning both the music industry and public speaking, Dylan uses his platform to inspire conversations around authenticity, inclusion, and self-expression.

From being an X-Factor finalist at 19 before transitioning to becoming the first transgender winner of a BBC music show in 2023, Dylan has firsthand experience in navigating identity in the public eye. He has worked with leading organizations such as BBC Radio 1, Spotify, GSK, Amazon, and Urban Outfitters and has shared stages with renowned artists like Lewis Capaldi, The 1975, and Jason Derulo.

Dylan's talks blend personal storytelling with psychological insights, backed by neuroscience and lived experience. His sessions are designed to empower individuals to embrace their uniqueness, cultivate resilience, and foster inclusive environments in both corporate and educational settings.