

Cancer Matters

Cancer in the Workplace: Empowering Conversations, Strengthening Support, Driving Impact.

Every 90 seconds, someone in the UK hears the words that change everything: “You have cancer.” A colleague. A friend. A loved one. Maybe even us. Cancer doesn’t just live in hospitals or homes—it walks into the workplace every single day.

How many of us truly understand what it means to live and work with cancer? Do we know how to break the awkward silence and offer real, meaningful support?

This isn’t just another webinar, it’s a dynamic, storytelling-driven experience that will inspire you, challenge you, and equip you with the tools to make a real difference, at work and beyond.

By the end, you won’t just “know more.” You’ll be ready to support with confidence, break stigma, and turn awareness into meaningful action.

Session Outline

- Cancer by the Numbers – Why workplace awareness matters more than ever.
- Cancer 101 – Breaking down the basics in a clear, accessible way.
- Prevention – Practical insights on lowering risk.
- Treatment & Impact – A compassionate look at daily realities.
- Breaking the Stigma – Tackling myths, misconceptions and stereotypes that create barriers and hold people back.
- Supporting with Confidence – How to have real conversations.
- Resources.



Facilitator: Sharron

Sharron is a Mental Health First Aid Instructor and Cancer Awareness Trainer, who has worked with leading brands and brilliant teams of all sizes. She knows exactly how powerful the right support at work can be – and how damaging it feels when it’s missing.

Her training is human, practical, and impossible to forget. Making complex topics accessible, practical, and impactful, Sharron is all about shifting perspectives, inspiring action, and creating culture change that lasts.