

LGBT+ Parents & Carers Matters

Developing an Inclusive Workforce for LGBT+ Parents and Carers

In this session, Matt shares his lived experience and the challenges faced by LGBT+ parents & carers in the workplace. He explores how trauma may impact LGBT+ individuals and their parenting journeys. Participants will learn how inclusive policies and affirming environments benefit both employees and business outcomes. Along with some practical strategies to create inclusive workplaces.

Session Outline

- Supporting LGBT+ employee resource groups (ERGs)
- Providing equitable benefits for all family types
- Offering mental health and wellness support
- Delivering inclusivity training for all staff
- Celebrating LGBT+ visibility days and events
- Facilitating open and safe dialogues

Session Includes

Personal attention and feedback in an informal atmosphere

Opportunity to ask questions



Speaker: Matt Taylor-Roberts

Matt is the founder and CEO of the award-winning Proud 2 b Parents—the UK's only organisation led by and for LGBT+ parents and carers. With nearly 20 years of experience, he has delivered real change across corporate spaces, family services, and national policy.

As a proud parent through adoption and long-term foster carer, Matt brings powerful lived experience to every talk. His sessions are rooted in authenticity and packed with practical insight—covering trauma, microaggressions, allyship, and resilience within the LGBT+ parenting journey.

Matt works with organisations including the Department for Health and Education, BBC Studios, and CoramBAAF, and sits on numerous adoption and fostering panels. Whether you're looking to inform, engage, or inspire your team—his sessions create real connection and meaningful impact.