

LGBT+ Adoption & Beyond Matters

A lived experience of LGBT+ Parenting & Care

Join me, Matt —Founder of Proud 2 b Parents—as he share his personal journey as an LGBT+ parent and long-term foster carer. This moving and insightful talk combines storytelling, research, and practical takeaways to explore adoption, fostering, trauma, resilience, and the unique challenges and joys of LGBT+ family life. Through real-life experiences and authentic reflection, this session creates a powerful space for empathy and change.

Session Outline

- Navigating microaggressions and systemic bias as an LGBT+ parent
- Understanding trauma and its impact on parenting styles
- Building inclusive communities in education and family services
- Celebrating LGBT+ resilience, identity pride, and the power of social support
- Practical allyship tips for inclusive workplaces
- Insight into LGBT+ adoption data and family diversity
- Real strategies to support LGBT+ staff, clients, and customers

Session Includes

Personal attention and feedback in an informal atmosphere

Opportunity to ask questions

Speaker: Matt Taylor-Roberts



Matt is the founder and CEO of the award-winning Proud 2 b Parents—the UK's only organisation led by and for LGBT+ parents and carers. With nearly 20 years of experience, he has delivered real change across corporate spaces, family services, and national policy.

As a proud parent through adoption and long-term foster carer, Matt brings powerful lived experience to every talk. His sessions are rooted in authenticity and packed with practical insight—covering trauma, microaggressions, allyship, and resilience within the LGBT+ parenting journey.

Matt works with organisations including the Department for Health and Education, BBC Studios, and CoramBAAF, and sits on numerous adoption and fostering panels. Whether you're looking to inform, engage, or inspire your team—his sessions create real connection and meaningful impact.