

Foster Caring Matters

Supporting Foster Carers at Work: the Role, Impact & How You Can Help

Join Matt Taylor-Roberts, for a powerful and personal session on fostering—what it really involves, why it matters, and how colleagues and organisations can make a meaningful difference in the lives of foster carers.

Matt is not only a foster carer himself but also leads a national charity supporting LGBT+ parents and carers. He sits on local authority foster panels and works with CoramBAAF to shape best practice in the recruitment, assessment and retention of foster carers across the UK.

With a national shortage of foster carers, Matt is passionate about demystifying the role and helping workplaces understand how they can better support employees who step into this vital position.

Session Outline

- Personal journey into fostering and the day-to-day realities of being a carer
- The impact of foster caring — how it shows up at home and at work
- Emotional and practical challenges, from attachment and trauma to managing contact and professional meetings
- Practical tips on how colleagues can offer empathy, flexibility and understanding
- How to become a foster-friendly organisation
- Identity, inclusion - how carers from diverse backgrounds bring unique strengths to the role

Speaker: Matt Taylor-Roberts



Matt is the founder and CEO of the award-winning Proud 2 b Parents—the UK's only organisation led by and for LGBT+ parents and carers. With nearly 20 years of experience, he has delivered real change across corporate spaces, family services, and national policy.

As a proud parent through adoption and long-term foster carer, Matt brings powerful lived experience to every talk. His sessions are rooted in authenticity and packed with practical insight—covering trauma, microaggressions, allyship, and resilience within the LGBT+ parenting journey.

Matt works with organisations including the Department for Health and Education, BBC Studios, and CoramBAAF, and sits on numerous adoption and fostering panels. Whether you're looking to inform, engage, or inspire your team—his sessions create real connection and meaningful impact.