

Disability Awareness Matters

Inclusive Understanding

There are over 13 million disabled people in the UK but many people feel awkward when communicating and working with disabled people and are often afraid to start a conversation for fear of offending someone.

As someone who used to have similar fears before acquiring a disability, Jen opens up a safe place to ask questions, build awareness, and gain confidence.

In this session participants gain an awareness of the variability and prevalence of disability, explore access barriers and gain a better understanding of what contributes to inclusion in the workplace.

Session Outline

- Understand the breadth and diversity of disability
- Challenge assumptions about what disability 'looks like.'
- Explore the social model of disability and access barriers in the workplace
- Discover a host of simple and effective anticipatory adjustments that have a huge impact

Session Includes

Opportunity to engage in interactive activities

An exploration of easy anticipatory adjustments

Time for questions and clarifications



Facilitator: Jennifer Rooney

Jen is a Disability Inclusion & Workplace Wellbeing Specialist.

After acquiring a disability following a ski accident and corresponding brain injury, Jen became passionate about making disability inclusion and employee wellbeing a priority for organisations and helping individuals acquire skills and tools to support themselves.

Jen has a background in management consultancy and has worked with disabled employees and alongside HR, wellbeing, and sustainability teams to embed inclusion and wellbeing strategies and projects in the workplace. Jen has trained and consulted with small non-profits and start-ups as well as large organisations including Deloitte, the Cabinet Office, and Amazon.