

Educating Children Matters

Reading 0-6	This practical session explores sharing books with very young children, how children learn to read and what parents/carers can do to support and encourage their child to enjoy the process of learning to read.
Reading 7-11	This practical session explores 'reading to learn'. How can parents support their children with developing higher order reading skills like comprehension of fiction and using and understanding non-fiction texts to enhance their learning. We also look at how to motivate children to read for pleasure.
Writing 5-11	Practical tips and activities to support all aspects of writing: handwriting, spelling, grammar and composition.
Numeracy 5-11	This session provides insight into what maths is taught at school, how it is taught and how to reinforce and support children's learning of numeracy at home. The focus will be on creating a fun, non-pressurised learning environment.
Homework	Guidance and tips on how to establish solid homework routines and how to get children to do their homework willingly and independently, setting a foundation for good study habits.
Selecting Nursery / Primary School	Exploring the factors to consider and key questions to ask when selecting a nursery or primary school, how the admissions process works and preparing your child for nursery or school.
Selecting Secondary School	For many parents, selecting a secondary school for their child can be a daunting and confusing procedure. This session aims to provide parents with the information required to make an informed choice and ease the transition from primary to secondary.
Understanding the UK School System	This session explains all the terminology and stages that parents need to be aware of. It will be particularly useful for parents who did not grow up in the UK. We will also address the vital role parents play in supporting their child's education and consider how to help your child thrive at school.
University	Guidance on easing a child's transition to university. Including emotional preparation, independent living, safety and independent study.
Starting School	For most families, a child's first day at school is nerve racking and exciting. Getting off to a good start at school is vital and parents lay the foundations.
Exams	Understanding the role that parents can play in supporting their children through exams, offering guidance and practical tips on establishing a revision routine and key revision and exam techniques.

Learning & Mindset	Insight into developing the top characteristics and strategies used by high performing students at GCSE, A Level & Undergraduate level. Based on the 'VESPA' approach.
Technology	A practical session on how parents can help their children manage technology and screen time. The risks involved in being online, setting boundaries and protecting the child.
Smart	What it means to be 'smart' or 'clever'. Tips on how parents can support children's learning whilst building confidence, motivation and independence so that children are well placed to become 'smart'.



Facilitator Rachel Vecht

Trained as a primary school teacher at the Institute of Education in London and taught in both the state and independent sector. She has also worked as a University mentor and lecturer to student teachers. In 2001, she founded Educating Matters, in addition to becoming a mother to 4 children. She has supported and guided tens of thousands of working parents in the corporate and public sector globally. She also delivers online parenting courses, speaks in schools, offers one to one consultations to parents globally and comments on parenting for the media, podcasts and blog posts.

