

Dyslexia Matters: Adults

The Reality of the Adult Experience

When many hear the term “Dyslexia”, it brings up the picture of a child struggling to read in school. We know that interventions in the education setting allow our children to access the curriculum and thrive. But, what happens when these children become adults? Most Neuro-Divergent adults are taught to keep their experience of life secret, out of fear of discrimination. However, there is no need for this. This session will dive into the topic of how dyslexia manifests in adulthood. How does the Dyslexic adult show up at work? What works and doesn't work for their success? How does the workplace benefit from their diversity?

Session Outline

- How Dyslexia Manifests in Adults
 - Myths vs Facts
 - Coping Mechanisms both Helpful and Unhelpful
 - The Benefits of the Dyslexic Brain
 - Workplace Reasonable Adjustments that Work
 - Useful websites and resources
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Session Includes

- Personal attention and feedback in an informal atmosphere
 - An invaluable booklet complete with information covered on the session
 - Open forum to ask questions
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Speaker: Gwen Jones



Gwen has an MSc in Occupational Psychology focusing on Workplace Wellbeing. She is a trained psychotherapist, relationship therapist and coach working with people all over the world to reduce anxiety and have happier, healthier lives. Gwen has worked with Educating Matters for 8 years speaking about DEI and Wellbeing. She studied Psychology at the University of Utah and then trained to become a teacher in Special Education, working with children with severe behavioural disorders, autism and the at risk population. She has trained many educators on behaviour management and cultural awareness. Gwen has taught in the USA and the UK. A mother of 4, she is very active in her children's schools. Political activism has always played a strong role in her life in causes such as: LGBT marriage rights, Animal Conservation, and Rock the Vote.