

Allies Matter: LGBTQIA+

The truth for so many

It only takes a few minutes of watching the news to shine a light on major disparities in our world. Members of the LGBTQIA+ community are well aware that these issues are not new. Now, more than ever, it is important to stand as an ally with diverse communities so that culture can make a shift towards progressing equality. However, many struggle with knowing how to find the words out of fear of saying or doing the wrong thing. This session will help bridge the gap between good intent and confidence to proceed from a place of respect and empowerment. We will look at allyship from an intersectional perspective highlighting queer history and the evolution of PRIDE. We will discuss triggering terminology from a place of empowering through education. Participants will leave this session feeling inspired and equipped to stand as an ally in today's landscape.

Session Outline

- A clear definition of 'Allyship'
- Defining and understanding the letters and terminology
- Understanding privilege and intersectionality
- Etiquette and allyship
- Understanding isms to eradicate them
- A clear place to start as an active ally

Session Includes

Personal attention and feedback in an informal atmosphere

An invaluable booklet complete with information covered on the session

Open forum to ask questions



Speaker: Gwen Jones

Gwen has an MSc in Occupational Psychology focusing on Workplace Wellbeing. She is a trained psychotherapist, relationship therapist and coach working with people all over the world to reduce anxiety and have happier, healthier lives. Gwen has worked with Educating Matters for 8 years speaking about DEI and Wellbeing. She studied Psychology at the University of Utah and then trained to become a teacher in Special Education, working with children with severe behavioural disorders, autism and the at risk population. She has trained many educators on behaviour management and cultural awareness. Gwen has taught in the USA and the UK. A mother of 4, she is very active in her children's schools. Political activism has always played a strong role in her life in causes such as: LGBT marriage rights, Animal Conservation, and Rock the Vote.