

Raising Boys Matters

Taking stock

“Boys don’t cry.” “Man-Up”. Whether implicit or explicit, this rhetoric is hunting our boys by not allowing them to develop their emotional intelligence. Many parents understand this, but find it difficult to know how to raise their boys to embrace their masculinity without falling into these pitfalls. In this session, we will explore masculinity from a 21st century perspective. We will talk about the physiological changes boys go through and how they impact attitude. We will talk about instilling confidence in our future young men by developing their emotional intelligence and opening up the world to greater opportunity through accessing all of the resources available to them.

Session Outline

- Disarming ourselves from unhelpful rhetoric
- Testosterone, puberty and the brain
- Emotional Intelligence and development
- Teaching responsibility
- Building confidence
- Useful websites and resources

Session Includes

Personal attention and feedback in an informal atmosphere

An invaluable booklet complete with information covered on the session

Open forum to ask questions



Speaker: Gwen Jones

Gwen has an MSc in Occupational Psychology focusing on Workplace Wellbeing. She is a trained psychotherapist, relationship therapist and coach working with people all over the world to reduce anxiety and have happier, healthier lives. Gwen has worked with Educating Matters for 8 years speaking about DEI and Wellbeing. She studied Psychology at the University of Utah and then trained to become a teacher in Special Education, working with children with severe behavioural disorders, autism and the at risk population. She has trained many educators on behaviour management and cultural awareness. Gwen has taught in the USA and the UK. A mother of 4, she is very active in her children’s schools. Political activism has always played a strong role in her life in causes such as: LGBT marriage rights, Animal Conservation, and Rock the Vote.