

# Sibling Matters

## Restoring Harmony Between Children

Many siblings bicker, argue and fight. Parents don't always know how to respond effectively and struggle to get to the bottom of who started what.

This seminar explores why children fight and how to reduce tension between children.

Parents will walk away with some practical skills to encourage more good feeling between children, know how and when to intervene and how to teach children to resolve conflict with siblings or peers.

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## Session Outline

Determine what causes fighting between peers or sibling

How parents can foster harmony between children

How to resolve conflicts, squabbles and fights

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## Session Includes

Personal attention and feedback in an informal atmosphere

An invaluable booklet complete with information covered on the session

Opportunity to ask questions



### Facilitator: Rachel Vecht

Trained as a primary school teacher at the Institute of Education in London and taught in both the state and independent sector. She has also worked as a University mentor and lecturer to student teachers.

In 2001, she founded Educating Matters, in addition to becoming a mother to 4 children. She has supported and guided tens of thousands of working parents in the corporate and public sector globally.

She also delivers online parenting courses, speaks in schools, offers one to one consultations to parents globally and comments on parenting for the media, podcasts and blog posts.