

# Pride Family Matters

## Supporting families in their LGBTQ+ journey

The structure of the family has become more diverse. The 21st century has seen a rise in LGBTQ+ families due to increased acceptance. As adults, we understand the evolution that has taken place as our society learns to embrace families of all make ups. However, children often have questions that on the surface seem daunting. How do parents raise children that are accepting of all families and people? How do LGBTQ+ parents raise children that are confident when faced with ignorance? How do parents help LGBTQ+ children to be resilient and accepting of themselves? How can we be supportive allies to work colleagues, family and friends?

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## Session Outline

### Redefining the family

Teaching children respect for all people

### How to answer “embarrassing” questions

How to support LGBTQ children and LGBTQ parents

### How to respectfully question

How to be a supportive ally

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## Session Includes

Personal attention and feedback in an informal atmosphere

An invaluable booklet complete with information covered on the session

Open forum to ask questions

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### Speaker: Gwen Jones

Gwen has an MSc in Occupational Psychology focusing on Workplace Wellbeing. She is a trained psychotherapist, relationship therapist and coach working with people all over the world to reduce anxiety and have happier, healthier lives. Gwen has worked with Educating Matters for 7 years speaking about Diversity & Inclusion and Wellbeing. She studied Psychology at the University of Utah and then trained to become a teacher in Special Education, working with children with severe behaviour disorders, autism and the at risk population. She has trained many educators on behaviour management and cultural awareness. Gwen has taught in the USA and the UK. A mother of 4, she is very active in her children's schools. Political activism has always played a strong role in her life in causes such as: LGBT marriage rights, Animal Conservation, and Rock the Vote.