

# Pregnancy Loss Matters

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This session will explore what can cause miscarriage and pregnancy loss and what can be expected from the recovery process. It is designed to be a safe space to support both employees who have experienced pregnancy loss and the colleagues of employees who may be in that position.

In order to support grieving parents best, you can learn about their employment rights after miscarriage and what steps can be taken to support their return to work. It is important to address how to provide support during or after loss, along with what to say and what not to say.

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## Session Outline

What is pregnancy loss and why does it happen

The effects of pregnancy loss in the workplace

Why it could impact work

How to support employees and colleagues

Tips and ideas to cope

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## Session Includes

An comprehensive presentation from a practicing doctor

Relevant information for the whole organisation

An open forum with an opportunity to engage and ask questions



### Speaker: Dr Brooke Vandermolen

Dr Brooke Vandermolen, better known as her online handle “The Obgyn Mum”, is a practicing NHS Obstetrics & Gynaecology doctor, as well as a mother to 2 babies. She has worked and trained in a variety of London NHS hospitals. She has presented her research into high-risk pregnancy at major international conferences and published in prominent medical journals. Brooke is experienced at dealing with all aspects of women’s health and pregnancy.

After having difficulty finding accurate, evidence-based information to trust to guide her through her own first-time pregnancy and parenthood, Brooke began sharing insights and tips around pregnancy, birth, fertility, menopause and more through social media and blog posts. She works as a digital content creator for the Royal College of Obstetricians and Gynaecologists, NHS England and well-known brands.

She is an experienced public speaker and social influencer, and, is on a mission to talk openly and informatively about women’s health and parenthood.