

# Numeracy Matters

## For parents of 5-11 year olds

This session is designed to help parents understand what maths is taught at school, some insight into how it is taught and how to reinforce and support children's learning of numeracy at home. For both parents and children, working on maths can become a stressful and frustrating experience, as methods seem to have changed.

The focus will be on creating a fun, non-pressurised learning environment at home. In this hour parents will have the confidence and reassurance that they are doing the right thing and complementing the way maths is taught in school.

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## Session Outline

- The role of parents in supporting their children with maths
- What mathematics is taught at school: key objectives for each year group
- How mathematics is taught at school
- Guidance and tips on providing effective support with maths homework
- Practical activities and games to develop numeracy skills
- Useful websites, publications and resources

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## Session Includes

### Personal attention and feedback in an informal atmosphere

An invaluable booklet complete with information covered on the session

### Opportunity to ask questions

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### Facilitator: Rachel Vecht

Trained as a primary school teacher at the Institute of Education in London and taught in both the state and independent sector. She has also worked as a University mentor and lecturer to student teachers.

In 2001, she founded Educating Matters, in addition to becoming a mother to 4 children. She has supported and guided tens of thousands of working parents in the corporate and public sector globally.

She also delivers online parenting courses, speaks in schools, offers one to one consultations to parents globally and comments on parenting for the media, podcasts and blog posts.