

Neuro-divergence Workplace Matters

Supporting Neuro-divergent Adults in the Workplace

Recent studies have shown that 15% of adults are diagnosed with neuro-divergence. This translates into 1 in 7 people in the workplace who have brains that work differently from their neuro-typical colleagues. Organisations are recognising the benefits of having colleagues who naturally think “outside of the box”. How do we reasonably accommodate the needs of these individuals as adults in a corporate setting? This session provides managers and colleagues with an insight into the world of the neuro-divergent brain. Equipping colleagues with the most effective way to communicate and offer the right support for these valued team members.

Session Outline

- Understanding the Adult Neuro-Divergent Brain
 - Learning the Language as an Ally
 - How to Discuss Needs Respectfully
 - Creating an Inclusive Culture
 - Appropriate Accommodations that REALLY Work
 - Useful websites and resources
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Session Includes

Personal attention and feedback in an informal atmosphere

An invaluable booklet complete with information covered on the session

Open forum to ask questions



Speaker: Gwen Jones

Gwen has an MSc in Occupational Psychology focusing on Workplace Wellbeing. She is a trained psychotherapist, relationship therapist and coach working with people all over the world to reduce anxiety and have happier, healthier lives. Gwen has worked with Educating Matters for 7 years speaking about Diversity & Inclusion and Wellbeing. She studied Psychology at the University of Utah and then trained to become a teacher in Special Education, working with children with severe behaviour disorders, autism and the at risk population. She has trained many educators on behaviour management and cultural awareness. Gwen has taught in the USA and the UK. A mother of 4, she is very active in her children's schools. Political activism has always played a strong role in her life in causes such as: LGBT marriage rights, Animal Conservation, and Rock the Vote.