

## Neurodiversity & Disability

<b>Special Needs</b>	Three different sessions to support parents and carers of children with special needs: recognising special needs, caring for special needs children and behaviour management of special needs children.
<b>Autism</b>	How to manage the highs and lows and love the quirky world of autism. Sessions available geared to both adults at work and parents of children with autism.
<b>Adult Dyslexia</b>	How dyslexia manifests in adults, what works and what doesn't work for success at work.
<b>Child Dyslexia &amp; Dyspraxia</b>	A look into 2 of the most common learning difficulties, how they manifest in children and practical ways to support them.
<b>Neurodivergence</b>	How can neurodivergent adults thrive at work and maintain their identity in a neurotypical world, often without the level of support they would have received at school.
<b>Understanding Neurodivergence</b>	Supporting neuro diverse employees to thrive at work and helping their colleagues understand the challenges and strengths, communicate & provide support.
<b>Neurodivergent Wellbeing</b>	An insight into how and why some people need to care for themselves in a way that looks different to others and realistic interventions that help.
<b>Hidden Disabilities</b>	Understanding hidden disabilities to support those who need to be accommodated and those who want to offer help and support.

“It was a great opportunity to stop and think about the way I’m working and how others in the business are. It made me feel more able to speak about it with colleagues.”

Superdrug