## **INCLUSION MATTERS: POST COVID**



"Parents are a child's first and most important teacher"

#### NEW WAYS OF WORKING

As we all try to work out what the new much talked about "hybrid model" of working means for us, our teams and our organisations, how do we make sure people don't get left behind? Whilst we have all faced our own unique challenges in managing during the pandemic, the majority of knowledge workers, previously office based, have been connecting with work in a similar way – online. This has been something of a leveller. Bringing your whole self to work takes on a different meaning when your home is your office. What now? With some at the office, some at home, some elsewhere, how do we make sure everyone feels included?

This session explores some of the challenges and opportunities that moving from a primarily remote to hybrid working model brings and provides practical tips on what you can do to help yourself and those around you successfully navigate this transition.

#### SESSION OUTLINE

- Inclusion and our sense of belonging
- The challenges, and the opportunities, of making the transition back to "normality"
- Assessing the impact on you and those around you
- Practical tips for you and your team

### **SESSION INCLUDES**

- Personal attention and feedback in an informal atmosphere
- An invaluable booklet complete with information covered on the seminar
- Opportunity to ask questions & signposting for future support

# **Catherine (Speaker)**

Catherine is a Diversity & Inclusion Advisor, working with organisations to help them overcome the challenges of developing their inclusion strategies and implementing practical action plans to drive change, with a particular focus on working parents and increasing the number of women in leadership positions. She's also a regular speaker at industry events. She began her career in marketing, including c.10 years specialising in digital marketing, before joining Sky in 2009. During her time there, she founded and ran Parents@Sky and co-founded Sky's Women in Leadership initiative. Off the back of these initiatives Sky won the 2016 Working Mum's Overall Top Employer Award and made The Times Top 50 Employers for Women list in 2016 and every year since.

