



## HOW TO MANAGE WORKING WITH KIDS AT HOME

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Here we go again – what a start to the new year! Just a few short weeks ago, with vaccines rolling out, it seemed like we were in touching distance of a sense of normality. September – December 2020 felt much more manageable for working parents with children back where they were supposed to be. Now the virus is spreading faster, parents are fed up, frustrated and concerned about our children's emotional and social wellbeing. This webinar is designed to provide the information parents and carers need in a succinct and positive way, to feel empowered with practical strategies to manage this very complex, unpredictable situation.

## SESSION OUTLINE

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- Motivation & mindset
- Working from home with children around – boundaries, structure, routine
- Maintaining children's learning & screentime
- What to do when things go wrong
- Useful websites & resources

## SESSION INCLUDES

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- Personal attention and feedback in an informal atmosphere
- An invaluable booklet complete with information covered on the session
- Open forum to ask questions

## RACHEL VECHT (SPEAKER)

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Trained as a primary school teacher at the Institute of Education in London and taught in both the state and private sector. She has also worked as a University mentor and lecturer to student teachers. 20 years ago she founded 'Educating Matters' to engage, guide and support employees with caring responsibilities. Our extensive client list covers a wealth of different sectors including: banking & finance, legal, retail, accounting, tech, construction, media, utilities and recruitment. Rachel is a mother of 4 children. She also privately delivers a ten week 'Positive Parenting Course' covering more general parenting issues, speaks in schools, writes in the national press and offers one-to-one consultations to parents globally.